How to Develop a New Assisted Living Community



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OVERVIEW

- Feasible
- Location
- Create a Plan
- Obtain Approvals and Financing
- Build Residence
- Open

FEASIBLE

- a. Informal-- competitors within radius of your location; % of occupancy; rates; uniqueness
- **b.** Formal-- have a company to do feasibility study, \$25,000-\$30,000
- c. Open a "mock" office to gauge market
- d. Talk to referral sources
- e. New construction planned check CN

LOCATION

- a. Location
- b. Drive-by visibility
- c. Issues re: land, buildable for 70-80 units, 4.5 acres depending on height of building (2-3 stories)
- d. Available utilities
- e. Free of environmental issues- habitat, prior use (gas station)
- f. Layout a footprint; determine approvals needed (almost always some variance needed)
- g. If it seems to work, tie up the property; option to purchase.

CREATE A PLAN

- a. Develop site plan
- b. Floor layout
- c. Have informal talks with town-- identify issues
- d. Determine feasibility at this point; crucial step

OBTAIN APPROVALS & FINANCE

- a. Assemble team: architect, engineer (site), lawyer, consultants (traffic planner)
- b. Group review; develop documents to present case
- c. Cost to get to this point: \$200,000 + or -
- d. 8-12 months for approval process
- e. Start obtaining financing—local bank or govt. agency
- f. Need 25% 30% equity; total cost \$20,000,000 + or -
- g. 80 90 units

BUILD

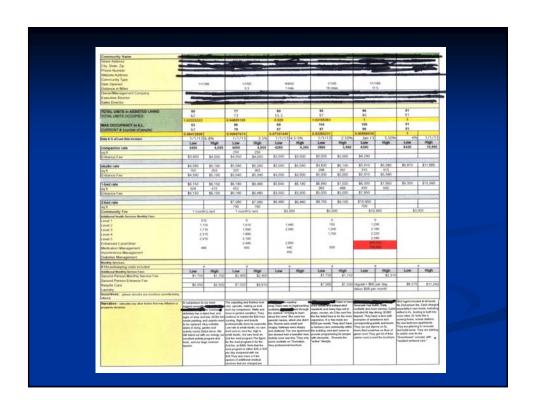
- a. Develop full plans; architect is point of control
- b. Submit to State
- c. Simultaneously obtain bids
- d. Fixed price; non-union

OPEN

- a. Pre-opening staff and model
- b. Start 8-10 months prior to opening
- c. Have initial staff in place-- Executive Director,

 Marketer

Development Cost Projection Worksheet			
Development Costs			
Land		1,100,000	
Sitework		1,000,000	
Architectural and Engineering		350,000	
Construction Costs		7,000,000	
Developer Fee		7,000,000	
Fixed and Moveable Equipment			
Fixed and Moveable Equipment	50,000		
Technology	30,000		
Dietary Design			
Technology Consultant		50,000	
Survey and Testing Fees	-	30,000	
Survey - Existing Condition	10.000		
Civil/Site Engineering	50.000		
Phase I Environmental/Asbestos Survey	5,000		
Market Study	5,000		
Soil Boring			
Final As Built Survey	5,000	70.000	
Impact, Tap, User, Other Fees (Allowance)	5,000	70,000	
Site Plan/Zoning Fees (COAH)	200 000		
Site Engineering Review	300,000		
Testing/Inspection	10,000		
Building Permits	10,000		
Assessments/Taps/Capital Charges			
	200,000		
State Licensing Fees Other/Escrows/Bonds			
Insurance - Property/Builder's Risk	45,000		
Insurance - Property/Builder's Risk	15,000	535.000	
Contingency	-		
Preopening Costs		200,000	
Marketing/Preleasing Costs	25 222		
Other Preopening Costs	25,000	25,000	
Consultants Consultants	-	25,000	
Brokerage			
	-		
Construction Monitoring Recruiting	100 mm - 100 mm		
	40.000		
Legal	10,000	40.000	
Health Care License Consultant	and the second second	10,000	
Land Suitability Studies			
Title Insurance		5,000	
Total Development Costs		10,345,000	







Projects

Bridgeway Care and Rehabilitation Center at Bridgewater:

1995 Interior Renovations: Atrium and Add-a-Bed 1997 Permitting and Construction of a 23 Bed Post Acute Pavilion Interior Renovations: Dayrooms, Therapy Gym, Bedrooms and Generator

Bridgeway Care and Rehabilitation Center at Hillsborough:

2012 Permitting and Construction of a 126 Bed Skilled Nursing Facility

Avalon at Bridgewater:

2000 Permitting and Construction of a 74 Resident Assisted Living Residence 2007 Renovation/Reconfiguration of Memory Care Unit and Wellness Center

Avalon at Hillsborough:

2006 Permitting and Construction of a 97 Resident Assisted Living Residence

Do not underestimate your time commitment to the project during the planning and construction phase of the project. Renovations are more complicated than new construction since there is a high probability of encountering unknown field conditions in addition to having to care for residents that may be impacted by the daily operations.

Learning Objectives

- •Plan the scope of work
- •Expect the unexpected
- Provide a budget for change orders
- •Review the impact on support systems
- •Staff and Management should have input on facility needs and impact on daily operations.
 •Communication, Communication, Communication hold regular meetings with the Contractor and

Planning

- •Determine if the project will require municipal variances and approvals
- •Establish your team of consultants: Accountant, Attorney, Civil Engineer, Architect, Mechanical Engineer, and Contractor
- •Schedule meetings with staff to define scope of work
- •Establish an overall budget for the project including interior furnishings and decorating
- •Consider the impact on census/revenue
- •Meet with your banking representative to discuss project funding
- •Consider performing construction in phases to minimize the impact on residents and staff

Contractor Selection

- •Issue a Request for Proposals (RFP)
- •Prior construction experience in LTC or Assisted Living
- •Prior experience in dealing with the Department of Health
- •Utilization of Multiple Trades
- Scheduling and coordination
- •Number of staff to be dedicated to the project field and office staff
- •Ability to work off hours to minimize impact on resident life.

Architect Selection

- •Golf Handicap the first warning sign is if your architect is under a 10 handicap they spend too much time on the golf course. Benefit is they could be a good partner at golf outings.
- •This is one of your most important decisions due to the fact that the architect should have knowledge of the design criteria for skilled nursing and assisted living residences as well as dealing with the Department of Community Affairs.
- •Ability to make site visits on a regular basis
- •Ability to address changes in scope on a timely basis
- •Attend meeting with staff
- •Familiar with acceptable interior finishes
- $\bullet Impact of new DOH \ and \ building \ regulations \ on \ the \ design-ADA, \ Fire, \ Sprinkler, \ etc.$
- Meet with the owner and contractor to review and approve payment requisitions

Impact on Building Operations

- •Need for partition walls residents trying to access work areas
- •Work during off hours
- •Scheduling operations around the shutdown of utilities water, sewer, electric
- •OSHA need for masks in the workplace
- •Acceptable building materials fire rating
- •Define owner representative on site who will address architect and contractor issues
- Define owner representative who will address financial decisions regarding change orders



